

Section VIII North Shore/South Shore Frosh/Soph Meets

This year we are pleased to be able to offer a Frosh and Soph only meet. The meet will have an abbreviated order of events. There will be two meets that will mimic the historical Section VIII Conferences, "North Shore" and "South Shore". The coordinators have designated schools below as "North Shore" and "South Shore". You must adhere to the designations and may not switch meet locations.

North Shore Frosh/Soph Meet @ Cold Spring Harbor HS		South Shore Frosh/Soph Meet @ Wantagh HS	
Bethpage HS	Carey HS	Baldwin HS	Bellmore JFK HS
Carle Place HS	Clarke HS	Calhoun HS	East Rockaway HS
Cold Spring Harbor HS	Division Avenue HS	Elmont HS	Farmingdale HS
East Meadow HS	Floral Park HS	Freeport HS	Hewlett HS
Friends Academy	Garden City HS	Hempstead HS	Island Trees HS
Glen Cove HS	Great Neck North HS	Lawrence HS	Long Beach HS
Great Neck South HS	Herricks HS	Lynbrook HS	Macarthur HS
Hicksville HS	Jericho HS	Malverne HS	Massapequa HS
Locust Valley HS	Manhasset HS	Mepham HS	Oceanside HS
Mineola HS	New Hyde Park HS	Plainedge HS	Roosevelt HS
North Shore HS	Oyster Bay HS	Seaford HS	South Side HS
Plainview JFK HS	Port Washington HS	Uniondale HS	Valley Stream Central HS
Roslyn HS	Sewanhaka HS	Valley Stream North HS	Valley Stream South HS
Syosset HS	Westbury HS	Wantagh HS	West Hempstead HS
Wheatley HS			

Section VIII "North Shore" Frosh/Soph Meet

Thursday, April 16, 2015

Cold Spring Harbor High School

4:30pm start

Meet Director, Ed Corona

Facility Coordinator, Nick Aurigemma

Results, Billy Buith

Section VIII "South Shore" Frosh/Soph Meet

Thursday, April 16, 2015

Wantagh High School

4:30pm start

Meet Director, Mike Frazer

Facility Coordinator, Pat Frazer

Results, Jordan Ashley

Frosh/Soph Meet Order of Events	
1600m Boys	<ul style="list-style-type: none"> Frosh followed by Soph in all running events 7th, 8th and 9th graders will be considered Frosh 10th graders will be considered Soph May be limited measurements or throws in Shot/Discus More information will be sent to coaches in regard to bus parking, meet management, seeding and competitor numbers and/or labels. Medals provided by the Nassau County Track Coaches Association
1500m Girls	
110m Hurdles Boys	
100m Hurdles Girls	
100m Boys	
100m Girls	
800m Boys	
800m Girls	
400m Boys	
400m Girls	
Long Jump, followed by Triple Jump	
Shot Put/Discus	
High Jump	